

# Mystic Pete Chronicles

## Book 1: Sex & Mysticism



*Mystic Pete*

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ludwig pratt

MYSTIC PETE CHRONICLES  
“A guide to acquiring advanced mystical powers”  
Book 1: Sex & Mysticism

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# MYSTIC PETE CHRONICLES

## Entire Series Contents

- Book 1: Sex & Mysticism  
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- Book 2: First Power: Self-Protection &  
Second Power: Healing
- Book 3: Third Power: Raw Power
- Book 4: Fourth Power: Manifestation
- Book 5: Fifth Power: Guidance
- Book 6: The Body
- Book 7: Relationships
- Book 8: Mystical Sex Techniques
- Book 9: The Spiritual Laws
- Book 10: Advanced Matters



# Book 1: Sex & Mysticism

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Chapter 02: "More Sex"

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Chapter 04: Incarnation, Earth, and Hell

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Chapter 07: Ghosts

Chapter 08: Reincarnation

Chapter 09: Time

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Chapter 11: Metaphysical Physics

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Ancestor Practice: Weight Loss Portion

Health Products

Great Sex: "How To" Section

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## Sex and Your Welcome

I can teach you to wield great mystic power, but be forewarned, to gain my promised knowledge you will have to wade through a treacherous lagoon of my humor. No worries, I'm a funny guy, regardless of the fact that I nearly lost a lover over my jokes. If your girlfriend says, "I love to eat," you do not reply, "You ain't kidding." One time she was slow to orgasm, so I told her, "Just go ahead and fake it." I pledge, however, never to make raunchy jokes. Unless they're really funny. Hey, the *Mystic Pete Chronicles* are about sex—actually sex, money and power.

I get into some pretty descriptive erotica—to explain sacred sexual practices—but I stay clear of the pornographic. Barely. In the later books, I go into advanced mystical sex techniques, like the Astral Orgasm, and how to arouse someone with your mind.

But, first I've got to teach you the basics of mystic power, so no one accidentally gets their aura stuck up the wrong orifice. Frankly, you wouldn't be capable of practicing advanced mystic sexual techniques without first being initiated into the mystical realms.

Why the focus on sex? Many of the magical, mystery realms out beyond the clouds can only be entered by climbing the beanstalk of sexuality. And:

1) Our bodies are the vehicles we've been given for the spiritual journey through this world;

2) Sex figures at the top of bodily concerns, if not overall human concerns. While *you* probably don't have impure thoughts, the rest of us do (as many as one in four internet searches is sex related);

3) On the one hand, society suppresses sex, and on the other, it obsesses over sex—really, two sides of the same counterfeit coin. This signifies a worldwide state of conflicted, confused, adolescent sexuality;

4) Because so much of who we are is linked to sex, much of human misery will fade away when we resolve just this one stratum of consciousness. When humanity reaches sexual maturity, earth will be a halfway pleasant place to live; and,

5) Sexual maturation comes from forcing men and women back into their traditional gender roles, and living lives bent to obedient chastity ... Not. We find maturity through exploration and dialogue. Herein is my contribution.

### ***Your Welcome***

Let me officially welcome you to the path of the mystic, and explain why the world needs *you* to acquire mystical power at your earliest possible convenience. The earth is obviously in trouble. And, I'm guessing you're the kind of person who would work

hard to prevent the extermination of all life. A good thing, because we humans must reengineer ourselves from top to bottom, or we'll shortly go extinct. Volatility around the globe will increase until we're overwhelmed by calamity, unless we undergo a metaphysical metamorphosis. We have only a few years, a few decades at most, before we either evolve or perish. The law of survival of the fittest is in full effect, and these books will get you spiritually fit so you can survive.

We've got a deadline to beat, and it could be as early as tomorrow. If we don't attain a certain level of consciousness before a major collapse of civilization, we're toast. I don't understand how more people don't recognize what is clearly the case—that a horrific nightmare is outside our front doors and about to enter our homes. But, no need to panic.

There's more than one way to skin a catastrophe. If we slack, however, the world will indeed end, and don't you hate it when that happens? The challenge is to use the growing threats as motivation to open a mystical portal that will usher in a new age. As dangerous a time as this is, it's also one of unprecedented possibility. Call me an "apocaloptomist," someone who thinks the end is near, but the end is just the beginning.

In these books, I kill sacred cows—or at least do some sacred cow tipping. This material is new; to many, radical—not the chewed-up, predigested baby-food-for-thought you've heard a dozen times in self-help manuals. It's strong medicine for the dire circumstances of an ailing world. If you're at the edge of human consciousness you may be familiar with some of the ideas I discuss; but as a precaution, stretch a rubber glove over your head while reading this, just in case your mind blows. If nothing else, your roommates will be entertained.

In the late '70s, I was busy strutting my stuff at the disco when my life was rudely interrupted by a series of explosive awakenings. It was your typical mystic initiation: having visions of the future; feeling thousands of volts of energy pour through my body; and experiencing profound love for every being on earth. I felt like showering each person I met with kindness, and staring into people's eyes to see the beauty in their souls. All this was a little much for my Uncle Morty.

I remember one night when I was 17, while working as a chef at a Raw/Macrobiotic Vegan restaurant in Venice, the doors of my perception blew off their hinges. So much psychic energy was blasting out of me that wine glasses, just sitting on their shelves, began shattering, one after the other. To keep from losing my mind (after all, a mind is a terrible thing to lose), and to limit my boss's stemware expenses, I needed to channel my forces somewhere constructive. I walked over to the hunched, surly dishwasher, Luis, who spent hours every night scrubbing silverware barehanded in steaming, soapy water.

The skin on his palms and forearms was always red, wrinkled and puffy. I said, “Feel this.” I placed my hands a few inches from his head and discharged raw energy. He stood bolt upright, blurted, “Dios Mio,” and gave me a long, sweaty, garlicky, nipple-to-nipple bear hug. My return hug, with attempted enthusiasm, was pretty convincing. I was happy that Luis found a better job shortly thereafter.

I’ve had years of experiences like the foregoing, which sound something like fiction. But, while mystical awakening can seem exciting—and it is—it can also be destabilizing and confusing. Our culture has little understanding of spiritual epiphany, and there is no one to guide neophytes. Mystics can wind up screaming at telephone poles, or get swept up in their revelation, think they are the messiah, and form self-serving cults.

How I yearned back then for a wise man in long robes to appear and say, “Come to the temple, my son, and we will teach you the ways of the mystic.” I checked out all the gurus, but they were blind to the spiritual realities that were plain to my eyes. And their charisma did not atone for their abusiveness. I recall sensing something vaguely amiss when one such fellow, with an impressive turban, required my friend Danny to tithe over 25% of his earnings. This enlightened being was going to bless Danny’s marriage, but first needed to administer a private ceremony to insure a happy union. The guru gave Danny’s fiancée anal and oral sex—in that order—while Danny was instructed to watch, pray, love.

The extra shocking part: as Danny recounted to me details of the “ceremony,” I could see he hadn’t the slightest idea that something was wrong. These methods were “the teachings of the guru.” Who was he to question the ways of the wise? I wanted to slap him. I won’t say that all gurus are a bunch of charlatans—at least, not to their faces. Liability, ya know.

Pardon the vulgarity of the preceding story, but almost every woman I know has been inappropriately touched by a spiritual practitioner. People who’ve been financially or sexually abused by a teacher are often too confused about what happened to speak out against the wrongdoer.

So I’ve journeyed on my own in the only spiritual academy expansive enough to accommodate my mega-voltage, and my rebellious streak: the school of life—aka the *Mystery School* of hard knocks (*Mystery Schools* are organizations devoted to metaphysical study). And gradually I’ve come to understand something about the power, brimming with intelligence, that has been blasting its way through my life. This healing energy has shown me how to navigate the mystical realms, and has led me to a grounded and balanced practice I call the *Five Powers* that will confer mystic power on any dedicated aspirant. (Please note the distinction between an *aspirant*, one who *aspires*

to gain knowledge, and an *aspirin*, for a pain in the neck.)

I'm now much more potent than in those early days and I have learned how to manage my power, rather than it flying off in every direction, getting me thrown out of churches with stained glass windows. While others may find that their mystical illumination is best suited to a life contemplating the navel, I am a musician. In my 20s, I started projecting this healing force through my cello and voice and have gotten to the point, now, where I can take whole auditoriums of people into *other dimensions* during what looks like an evening of music.

And by the way, I've found the mystical realms to be playful. They are, after all, filled with *spirits*: fun-loving, wild, erotic spirits! The path with humor, even one with mischief and irreverence, may be the quickest one to higher consciousness. God is not a constipated, judgmental grouch.

I've worked diligently to define and codify the mystical experience so I can teach others how to enter the transcendental on their own. If you're a beginner, the Five Powers will teach you how to access the spiritual realms. If you're an initiate, you'll acquire advanced mystical power. Direct, personal contact with the spiritual worlds—not simply believing in them—is the sole way to transform ourselves from animals who dream about Angels into actual Angels. This is the evolution that's before us.

Ethical empowerment of sex and money are the two big lessons we have to learn; that's why they're two of the main focuses of the *Mystic Pete Chronicles*. There are probably planets where gargling water and pogo stick riding are the primary spiritual challenges, but we come to planet earth to bring awareness to our business endeavors and personal relationships.

Summarizing my approach: open inner doors to open outer doors. Many of the inner doors are of an erotic nature. In fact, so many spiritual powers emanate from the erotic that a full mystical initiation requires a sexual awakening. Don't worry. I'll be gentle.

Concerning money and, specifically, you getting it: wealth has generally been reserved for those who are the most aggressive, either in business or in war. However, gentle, sensitive folk have a hidden spiritual wealth generator that most don't even know about. It is engaged by harnessing the erotic (leather bondage, not required). Instead of using aggression, we can make the wheel of fortune spin by projecting mystic sex force.

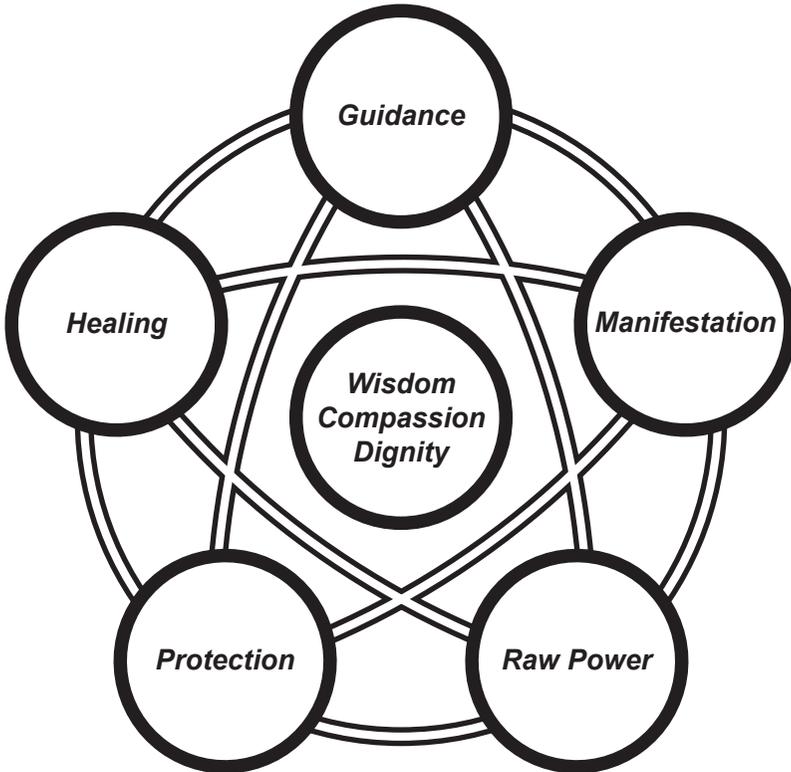
Too bad we were never told about this secret sensual weapon. It took me years of searching, but I finally found the sex + money + God connection and ended up going from being a broke musician to successful radio host/real estate investor/musician—all by learning to inject my erotic power into the “money wheels.” We'll ease into that juicy topic later, with all the details, so you too can get plenty of money. But, it'll require of you

the laborious chore of unleashing your steamy, carnal desires. Poor you.

If you're a person of character, you're doing Heaven's work, and Heaven is going to want you to have plenty of money, because armed with resources, you'll be even better able to bring earth to a heavenly state. This is my *abundance theology*: work to bring compassion to earth, and Heaven will be happy to bless you with money. Mystical practice is the bridge between the abundance of Heaven and your pocket book.

To provide you with some background for mystical practice, here in the first book (subtitled *Book 1: Sex and Mysticism*—really, a long introduction) of the ten books of the *Mystic Pete Chronicles*, I'll discuss a few trifling matters such as: the nature of God, the meaning of life, and the myriad ways we face global annihilation. If you finish reading about these subjects and the world hasn't ended yet, I'll go into my spiritual training method called the Five Powers (books 2 to 5). The goals: wisdom, compassion and dignity.

## THE FIVE POWERS



I can't imagine someone mastering the Five Powers and not gaining far-reaching mystical ability. With these encompassing powers, we're going to turn this ship around.

These teachings ask for the opposite of blind faith—incisive questioning and an open mind. This isn't a religion; it's a practice. No "belief" required. We even love atheists—let's see if we can't get even you seeing auras.

It is fabled that the secrets of the supernatural worlds have already been ascertained by occult Mystery Schools, or by monks hidden in the mountains, to be revealed in our time of greatest need. But this couldn't be the case because our need is dire, right now. Where are the secrets? With all the gurus and self-improvement courses, there really doesn't seem to be much potent spiritual technology out there for our age. If there were, the world wouldn't be in such dreadful shape. And half of the spiritual people I know, even ones who've read *The Secret*, wouldn't be struggling to pay their rent.

A comprehensive system of mystical training is missing from the spiritual canon. I spent decades probing and stumbling around in the inner dimensions, unearthing esoterica, only because information about these veiled realms is not public. I even inquired of old souls, ones with barnacles on their aura. It would have been much easier to learn an established system, if there were one that worked. Certainly yoga, meditation, and other practices are slowly changing us from the inside out, but if we are to outrun the end of the world, we've got to change much faster. Also, we've achieved a certain spiritual maturity and need a practice that leads us back to ourselves instead of a guru's footstool.

But even with my serious objective of establishing a reliable system of mystical training that dignifies the practitioner, we'll still have fun. Why miss an opportunity for enjoyment? So what if complete obliteration is racing to our doorstep at an unceasing pace? Surely we have time for one last waltz, even if we are on the sinking Titanic.

I'll also throw in some practical information. At the end of *Book 1: Sex and Mysticism*—the book you're now reading—I offer up some unique health advice and a new regimen called the Ancestor Practice that may help you lose weight, if that's an item you'd like to lose. I was going to put this in *Book 6: The Body*, but so many people are desperate to literally lighten up, I wanted to hurry and share my discoveries. Once we bring the world back from the brink of collapse, you'll want to look chiseled. The Five Powers are explained in books 2 through 5 of the *Mystic Pete Chronicles*. (Released hereafter, serially.)

Books 6 through 10 delve into advanced sexual techniques, psychic abilities—like remembering past lives and seeing auras—and much more. From time to time, I stop the action to recount personal experiences as a way to convey teachings, with identifying

details changed.

The ten books of the *Mystic Pete Chronicles* encompass an enormous amount of material, along with a bonanza of original, practical spiritual techniques. Just take it one step at a time. I don't know about you, but when they started taking the pictures out of books, I was rather put off, at age 6. Well, just getting through this first book will mean reading quite a few words: 38,182 to be exact. You'll be happy to know that I've included a few pictures.

Commonly used spiritual vocabulary can be confusing and mean different things to different readers, so in this first book, *Book 1: Sex and Mysticism*, I take time with definitions.

A fair amount of *Book 1* is allotted to describing present reality. The road to magical power starts with accurately assessing the situation at hand. The prose that chronicles what is, is preface to the poetry of what is to come.

To begin, I suggest you get yourself two notebooks: one to do the writing exercises in this series (only a handful of exercises require writing) and one to use as a journal to write your thoughts, stories, aphorisms, and humor. Write your name, phone number, and title on the first page, and these words: "Big Reward If Returned"—just in case. Date each entry. Aim to write something every day, even if it is only one sentence, like, "This is the sentence I am supposed to write today."

One note: if you're an atheist or agnostic, don't be put off by my spiritual language. So as not to let semantics detract from the substance of the ideas, translate the words *God, Heaven, Spirit*, etc., to words you're more comfortable with, like "my subconscious," or "Mystic Pete's imaginary friends."

## More Sex

Let's let our hair down for a moment and touch on sex, then we'll move on to more scholarly matters. We'll go deeper into sex, as you penetrate these volumes, with a titillating "how to" section, the first of several, at the end of *Book 1: Sex and Mysticism*.

Here's the most important secret to great sex (actually, it isn't a secret; it just gets forgotten). Emotional union enhances sexual union: *Connect hearts to connect bodies*. Make this phrase your mantra.

I have a story for those with no need to have feelings for their partner to have sex with them. There's a club in Los Angeles called the Kibbitz Room where performers try to rekindle the embers of their rock star dreams, or try to advance their dreams of becoming a rock star before they all turn to embers. At the Kibbitz Room, one can hear the actual sound of sadness.

My grandmother was a Transylvanian Jew. On the full moon, I get a hankering for chopped liver. One full moon, after buying my liver at Canter's Deli next door, I popped my head into the Kibbitz Room for a listen. I guess that evening I had an excess of joy that I needed to dampen.

A bloke at the bar was alone, while his date went to freshen up for a minute. Trying to do some male bonding, I motioned with my chin in her direction and said, "Does it get any hotter?" He said back through a few drinks, "I have one goal on my to-do list: to do her. Tonight, my cock in her pussy." Fixing his boozy gaze on me, he made an open fist with his left hand and stuck the index finger of his right hand, slowly and pointedly, into the hole. In all of history, I think my tipsy acquaintance gave the most straightforward portrayal of male desire, ever.

My questions to you: Unless you loved someone, why would you squirt the contents of your penis into them? Unless there was commitment to a relationship, why would you let another person enter your mouth, vagina, or anus? I can understand making an exception for your doctor or dentist.

During sex, Spirits join. Don't exchange sexual fluids, and don't let someone inside your body, unless you would like to have them inside your heart.

For everyone else, there are walks in the park or listening to music together . . . at the Kibbitz Room.

I don't often use the buzzword *tantra* to describe mystical sex techniques; this is to avoid confusion. Instead, I use the term *sacred sex*. *Tantra* has been associated with everything from celibate Eastern religious practice to smarmy New Age dudes trying to

get inside your yoga pants.

This excerpt from the *BRC Weekly*, 9-2011, written by Jeremy, which I picked up in Center Camp at Burning Man, describes one type of character in “Black Rock City” (BRC) and sheds light on New Age sexual issues:

“THE NEW-AGE PUSSY HOUND: Can be any age, but usually 35+. Often has a Eurotrash accent, no matter where he’s from. Lures women into his orbit by several means, often involving a Punani Trimming Camp . . . or other ‘Goddess Services.’ Tells you that you have an old soul. Always ready with a shoulder- or g-spot-massage to release your inner Goddess.”

#

On, then, to my controversial theories about the universe. They provide you with context for the Five Powers, which will be even more provocative. Admittedly, today I’m at the “lunatic fringe,” which means tomorrow I’ll be “so yesterday.”

Those of you who are number- or science-phobic can skip confusing parts without endangering your immortal soul.

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## About the Author

Mystic Pete is host of “In A Dream,” the only weekly radio show in Southern California featuring DJ culture. A cellist, music and video producer, spiritual teacher, and father of two, he has taught and organized events internationally connecting spirituality and the arts (music, dance, storytelling, and writing). His CD “Deep Self,” for yoga, meditation and massage has been well-reviewed by Ken Wilber (Integral Institute), Genpo Roshi (Big Mind), LA Yoga, Barbara Dossey, RN, PhD & Larry Dossey, MD (authors), Lotus Yoga (Japan), and Yoga Yomu (Japan).

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## Book 1: Sex & Mysticism

The **sex+god** connection  
Stretching **time** like **taffy**  
Spinning the **money wheels**  
Is the world about to **end**, or about to **begin**?  
Surfing the **Eroto-Astral** realms  
**Laugh** your way to mystical power



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